



# KB GUARDIANS

## KB GUARDIANS:

KB Guardians is a dedicated group of concerned citizens committed to safeguarding youth from dangerous circumstances.

Our mission is to proactively protect those vulnerable to harm. Through education, advocacy, and community engagement, we strive to create a safer environment where everyone can thrive without fear of exploitation or danger.

Together, we stand as vigilant guardians working tirelessly to ensure the wellbeing and security to all.

## KBG Purpose:

1. Children's safety
2. Proper communication and information for children, parents and educators to be prepared and proactive.
3. Community wide tools and engagement to be referenced and utilized for the children's safety.

## KBG Framework:

This is a framework of preliminary goals for this KB Guardian Community. We would like to get started right away on establishing the structure and individuals that will support these actions.

1. KB Guardian (neighborhood Safety): Neighbors watching out for neighbors. Keeping a vigilant eye out and reporting on any crucial happenings regarding children.
2. Designated safe zones for child emergency refuge.
3. Emergency Protocols: Outlined procedures per specific situations. We will outline these protocols and have training available for the Safe Zones.
4. Social Responsibility: Creating a safe, positive and respectful environment.
5. Professional contacts for mental, emotional, and physical care
6. Stranger Danger Education: We will be posting regular educational information on these topics as well as hosting in person gatherings to discuss.
7. Situational Awareness (Red Flag, real and online): What you and your children should look for, how to avoid dangers and what the best course of action should be per scenario.
8. Communication with your child: How to talk with your child about these delicate subjects and what to ask of them in return

## KB Police Children's' Safety Programs

- 2 stationed offices at K-8 Public School
- 1 officer shared between St. Agnes, St. Christopher, & Presbyterian school
- D.A.R.E Program
- Scoot Safe Bike K-8 & St. Agnes
- Online Safety K-8 & St. Agnes
- 4 Detective Officers dedicated to Human Trafficking
- Summer Camp Visit/Program



# CHILD SAFETY COURSE

## Introduction to Safety

- Understand the concept of safety and why it's important.
- Identify trusted adults (parents, teachers, guardians) to turn to for help.
- Discuss basic safety rules such as heightened awareness when dealing with strangers and always staying in sight of trusted adults.

## Understanding Boundaries

- Learn about personal boundaries and respecting others' boundaries.
- Role-play scenarios to practice saying "no" when feeling uncomfortable.
- Discuss the importance of trusting instincts and speaking up when something doesn't feel right.

## Identifying Safe and Unsafe Situations

- Learn to recognize safe environments (home, school, trusted community spaces) versus unsafe environments.
- Discuss red flags in unsafe situations (being asked to keep secrets, feeling pressured to do something against their will).
- Role-play to identify and respond to different scenarios.

## Online Safety

- Understand the potential dangers of the internet and social media.
- Learn about privacy settings and the importance of not sharing personal information online.
- Discuss cyber bullying and how to respond if encountered.

## Stranger Danger

- Define what a stranger is and discuss the concept of "tricky people."
- Role-play scenarios to practice refusal skills and seeking help from trusted adults.
- Teach strategies for staying safe in public places.

## Body Safety

- Learn about body parts and their proper names.
- Discuss the importance of personal space and consent.
- Teach children that nobody should touch their private parts and what to do if someone tries. Also discuss excessive touching.

## Grooming Awareness

- Define grooming and explain how predators manipulate children.
- Identify grooming behaviors such as gift-giving, favoritism, and secret-keeping.
- Discuss the importance of open communication with trusted adults.

## Assertiveness Training

- Teach assertiveness skills to confidently express thoughts and feelings.
- Role-play scenarios to practice assertive communication in various situations.
- Discuss the difference between assertiveness, aggression, and passivity.

## Emergency Procedures

- Learn emergency contact information (911, trusted adults' phone numbers, Key Biscayne Police (305) 365-5555).
- Role-play emergency scenarios and practice making emergency calls.
- Discuss safe meeting spots in case of separation from caregivers.



# CHILD SAFETY COURSE

## Safe Routes and Stranger Safety

- Discuss safe routes for walking to school or other activities.
- Teach children how to recognize and respond to strangers or adults who approach them.
- Role-play scenarios to practice safe responses to strangers/adults.

## Peer Pressure and Saying No

- Discuss peer pressure and the importance of making safe choices.
- Teach refusal skills and assertive ways to say no.
- Role-play peer pressure scenarios and practice assertive responses.

## Additional Resources:

- Provide parents/guardians with resources for continuing safety discussions at home.
- Offer contact information for local organizations or hotlines specializing in child safety.

By following this comprehensive 11-step course, children will develop the knowledge, skills, and confidence to protect themselves from predators, groomers, and potential kidnapers, empowering them to stay safe in various situations.



# CHILD SAFETY STATS

## Kidnaping:

- An American is kidnaped every 35 seconds.
- Over 800,000 children are reported missing each year in America.

## Drugs:

- In 2023 the overdose death rate topped 112,000 in a 12 month period for the first time, according to the Centers for Disease Control and Prevention.
- 10.9% of eighth graders, 19.8% of 10<sup>th</sup> graders, and 31.2% of 12<sup>th</sup> graders reported using illicit drugs in 2023

## Suicide:

- More than 50,000 Americans died by suicide in 2023 — more than any year on record.
- Suicide is the second-leading cause of death for teens and young adults, ages 10-34
- 18.8% of high school students reported having seriously considered suicide in the past year.
- 8.9% of high school students attempted suicide in the past year

## Sexual Abuse:

- One in 9 girls and one in 20 boys under the age of 18 experience sexual abuse or assault.
- 82% of all victims under 18 are female.
- Females ages 16-19 are 4 times more likely than the general population to be victims of rape, attempted rape, or sexual assault.

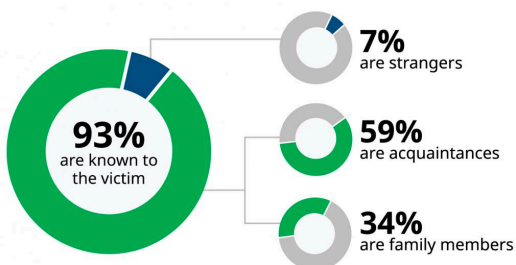
The effects of child sexual abuse can be long lasting and affect the victim's mental health. Victims are more likely than non-victims to experience the following mental health challenges:

- About 4 times more likely to develop symptoms of drug abuse
- About 4 times more likely to experience PTSD as adults
- About 3 times more likely to experience a major depressive episode as adults

WWW.RDCAMMA.COM

## CHILD VICTIMS OFTEN KNOW THE PERPETRATOR

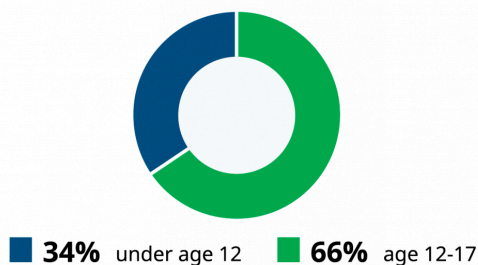
Among cases of child sexual abuse reported to law enforcement:



RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org  
Please visit [rainn.org/statistics/children-and-teens](https://rainn.org/statistics/children-and-teens) for full citation.<sup>4</sup>

## OF ALL VICTIMS UNDER 18, 2 OUT OF 3 ARE AGES 12-17



RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org  
Please visit [rainn.org/statistics/children-and-teens](https://rainn.org/statistics/children-and-teens) for full citation.<sup>2</sup>



# KBG SAFETY NET

## SCHOOLS

- There are currently 8 schools on Key Biscayne

## FRIENDS/SOCIAL

- Who are your child's friends
- Name, contact and address of friends parent
- Caregivers phone number
- Safe word

## ACTIVITIES/SPORTS

- Outdoor park activities
- After school activities

## SOCIAL MEDIA/ONLINE

- Parental controls
- Gaming chats

## ENTERTAINMENT

- Television, Movies, Videos
- Recommendation list

## HOME

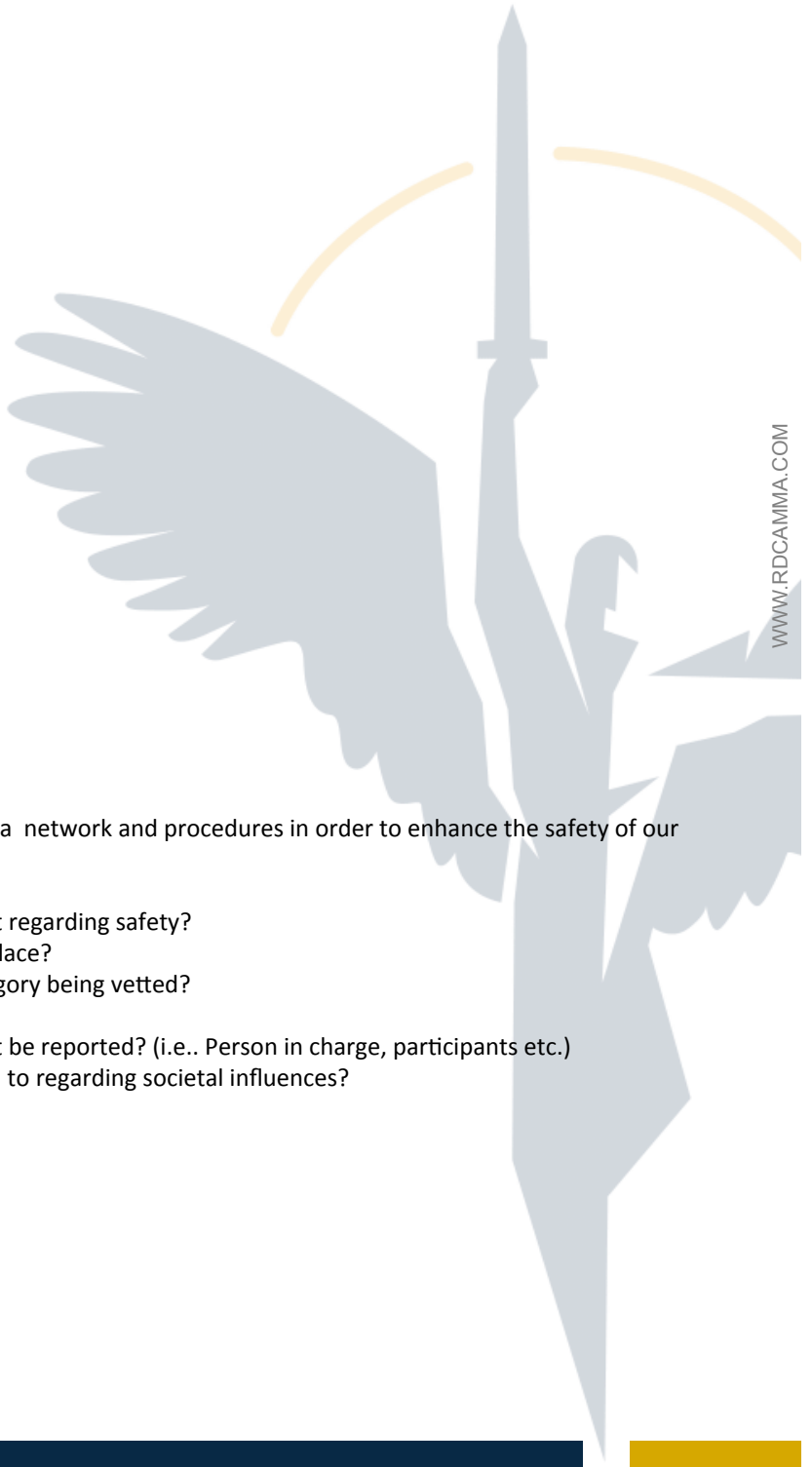
- Open communication
- Family Safe Word

## VILLAGE GOVERNMENT

- Emergency protocols

Each of the following areas are curtail in creating a network and procedures in order to enhance the safety of our children.

- Education: What are the children being taught regarding safety?
- Emergency Protocols: What protocols are in place?
- Vetting: How are each participant in that category being vetted?
- Supervision: Parental supervision
- Reporting: If there is an incident how should it be reported? (i.e.. Person in charge, participants etc.)
- Content: What are the children being exposed to regarding societal influences?





# KBG SAFETY VOLUNTEERS

## SCHOOLS

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

## FRIENDS/SOCIAL

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

## ACTIVITIES/SPORTS

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

## SOCIAL MEDIA/ONLINE

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_





# KBG SAFETY VOLUNTEERS

## ENTERTAINMENT

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_
  
- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

## HOME

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_
  
- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

## VILLAGE GOVERNMENT

- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_
  
- NAME: \_\_\_\_\_
- PHONE: \_\_\_\_\_
- ADDRESS: \_\_\_\_\_

